

THE SCIENTIFIC METHOD

A WORKSHEET TO IMPROVE LEARNING STRATEGIES

1. Ask a Question try something new . .	Will the Pomodoro Method help me learn Spanish words faster?
2. Make a Prediction I think this will happen . .	My hypothesis is this will help me learn flash cards 25% faster because I will have more energy and focus
3. Make a Plan and Follow It	I will test this with Spanish flash cards for 3 weeks and test myself each week. I will spend 30 minutes each day test how many I get right on Fridays.
4. Observe	After the timer goes off I will log how many I got correct
5. Record Results this happened . .	I learned 30 new words per week with the Pomodoro. Before I only learned 20.
6. Draw Conclusions So this means . .	The Pomodoro Method is 50% more efficient than my old method